

Nevermind the Unexpected
or
How to get what you want and Be happy all the time.

A treatise on raising the quality of life, in 7 parts.

- * Spirituality.
- * Execute the Unimaginable
- * Concentrate.
- * Hygiene and Personal Conduct
- * Confront the Challenge
- * Take observations seriously.
- * Be prepared

*** Spirituality.**

Have Good Feelings. Think Good Thoughts. Do Good Deeds. Smile always.

When the world weighs heavy on you such that you cannot smile, think of happy things, so you may smile in your mind. If difficult thoughts overwhelm you, love your heart and smile in your soul.

*** Execute the Unimaginable**

The first failure is creation of barriers. The second is ignoring the multitude that is beyond yourself. Another is not seeing outside your own perspective. You are the greatest barrier to your own achievements.

Submit to initiatives more significant than yourself. Always be flexible. The fullness of life continually changes. One door closes, another opens. Practice finding the new door. Continually realize lost opportunity in every moment, harness the momentum into opening another. Turning opportunity around is a skill, developed when barriers are small, not when mountains must move.

Decide what you want, set goals just beyond reach. Be happy with your choice and do not tarry.

Accept failure. Embrace your shortcoming, love your difficulty, obliterate shame through acceptance and change your desire to what you have. Because it is what it is.

If you feel held back, know yourself and become what you are.

*** Concentrate.**

At all times keep the good, shun the bad. Separate wins from loses, the bad does not make the good better, it only takes away from it.

Believe in the unimaginable. Read, read, read and choose your material well. Be careful with what you see, only do. Keep your sights and speak your doings.

Refine the algorithm. Nothing goes as planned unless hidden parts make it seem so. Life is exceptions, know what they are exceptions of.

*** Hygiene and Personal Conduct**

Eat healthy; local foods, balanced grains, avoid preservatives. Keep yourself clean. Rise early and walk. Surround yourself with love, kindness and thanksgiving. Volunteer, show gratitude for blessings and admonish those who take them away.

*** Confront the Challenge**

Start a task with the most expedient remedy. Finish something everyday. Focus steadfast on your activities. Increment everything always. Manage your time. Keep a calendar.

*** Take observations seriously.**

Record achievements, reflect on loses. Keep a journal. Make connections. Verify the truth. Familiarize yourself with foreign cultures, traditions and philosophy. Never delay that which can be discovered today.

*** Be prepared**

Anticipate the unexpected. Keep business cards, pen and note cards. Consider collective reason, imagination and the future. Realize you are uninformed. The sum of everything, is undefined in the very next moment. Everything has a place, put it there.

Have compassion on your own kind, least the justice of a greater judgment finds you.